



Baltimore Bicycling Club Newsletter

Volume 41 Number 4

July | August 2008

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Sign up now for these upcoming events!
(registration forms inside this newsletter)

BBC Annual Picnic -- Sunday, July 13

Civil War Century -- Saturday, September 6

Weekend in Lancaster -- September 26-28

**Baltimore Bicycling
Club, Inc.**

P.O. Box 5894

Baltimore, MD 21282-5894.

To make sure you continue to get your Newsletter and membership renewal notices, please let us know if any of your membership information changes. You can do this by sending an e-mail to update@baltobikeclub.org, or go on the Web site to the Member Update page (<http://www.baltobikeclub.org/index.pl/update>), complete the form, and submit it.

2008 Officers & Members-at-Large of the Board

The BBC is governed by an Executive Board (consisting of a President, Vice President, Treasurer, Secretary, four members-at-large, and the Past President) which meets monthly to discuss club business. If you would like more information, please call the current BBC President. For a synopsis of the minutes, call the Secretary.

Officers

Mary Ryan, President
410-828-1015
president@baltobikeclub.org

Gene Bayer, Vice President
443-850-0671
vicepresident@baltobikeclub.org

Ed Cahill, Secretary
410-465-1492
secretary@baltobikeclub.org

Ken Philhower, Treasurer
410-437-0309
treasurer@baltobikeclub.org

Bob Carson, Past President
410-828-8604
pastpresident@baltobikeclub.org

Members-at-Large

John Cole
410-661-4427
membersatlarge@baltobikeclub.org

Georgia Glashauser
membersatlarge@baltobikeclub.org

Russ Loy
410-628-6297
membersatlarge@baltobikeclub.org

Howard Rosenbaum
410-653-2363
membersatlarge@baltobikeclub.org

2008 Committees

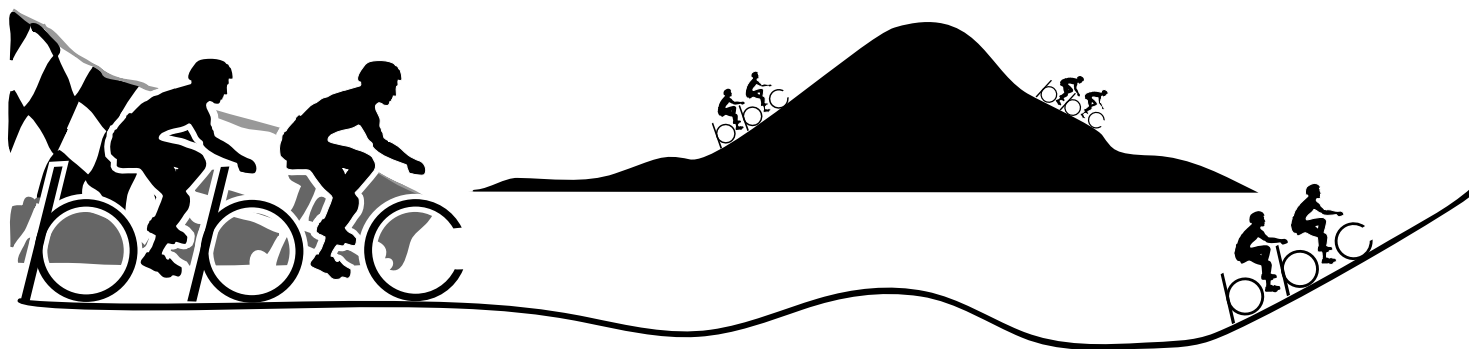
Insurance	Howard Rosenbaum	410-653-2363
Government Relations	Bob Moore	410-435-6623
Instructional Programs	Howard Kaplon	410-484-6955
Club Items for Sales	Mitch Tobias	410-833-8137
Newsletter Editor	Maxine Mead	443-474-7076
1. Tandem Column	Peggy & Tom Dymond	410-272-9139
Rides	Gene Bayer	443-850-0671
(see Rides section of newsletter for committee members)		
Cue Sheet Librarians	Gene Bayer	443-850-0671
	Larry Kenny	
Team BBC Representative	Bob Rohlfing	410-665-5740
Safety Awareness Program	John Overstreet	
BBC Property	Howard Rosenbaum	410-653-2363
Web Site Webmasters	Mary Ryan	410-828-1015
	Craig Martin	410-538-8791
Membership	Barb Park	410-823-4293
Giving	Russ Loy	410-628-6297
BBC Talk Administrator	Janet Goldstein	410-366-1466

League of American Bicyclists

1612 K Street, NW, Suite 401

Washington, DC 20006

202-822-1333



BBC SPECIAL EVENTS FOR 2008

Event information is subject to change. For current updates check the BBC website at www.baltimorebicyclingclub.org or call the event leader.

Sunday Jan 6, 2008	Winter Social	Gloria Epstein 410-665-3012 Barb Park 410-823-4293
Saturday Jan 19, 2008	CRABS potluck	Peggy and Tom Dymond 410-272-9139
Spring 2008	Instructional Ride Series	Gordon Peltz 410-256-1421 Howard Kaplon 410-484-6955
May 23 - 26, 2008	Kent County Spring Fling	Kathy and Frank Anders 410-628-4018
Saturday Jun 14, 2008	Flatlands Tour	Ken Philhower 410-437-0309
Jun 27 - Jun 29, 2008	Tour de Montes	Craig Martin 410-538-8791
July 13, 2008	BBC Picnic Patapsco State Park, Avalon Area	Georgia Glashauser 410-857-3262
Saturday Aug 2, 2008	Corn Roast Rides	Gloria Epstein 410-665-3012 Barb Park 410-823-4293
Saturday Sep 6, 2008	Civil War Century	Howard Rosenbaum For information contact Mary Menne, 410-795-6571
Sep 26 - 28, 2008	Weekend in Lancaster	Carol and Walt Russell 410-665-0651 Jane and John Cole 410-661-4427
November 8, 2008	Election Dinner	Mary Ryan 410-828-1015

MORE EVENTS TO COME – CHECK FOLLOWING ISSUES

EVENT INFORMATION SUBJECT TO CHANGE

OUT OF BOUNDS

August 9, 2008

Ride to See. Kent County, MD. 6:00 a. m.

Sponsored by the Galena Lions Club. 15, 30, 62, and 100-mile routes. \$25 pre-registration, \$30 same-day. Register at active.com or at pon67der@yahoo.com. For info, call Sally Smith 410-648-5131 or stsmith@wlgore.com.

August 9, 2008

Cumberland Valley Century. San Mar Childrens Home, Boonsboro, MD, sponsored by Cumberland Valley Cycling Club http://www.bikecvcc.com/cvcc_century.html

August 15 – 17, 2008

Allenberry Resort Weekend. Boiling Springs, PA. Sponsored by PPTC. Scenic rides daily. Lodging and theater production of *Thoroughly Modern Millie* at Allenberry Resort, including several meals. Cheryl Phipps, 703/922-4079, email address: Cphipps1@verizon.net or Darwin Roberts, 703/435-7399, email address: darwin.roberts@gsa.gov.

September 13, 2008

12th Annual Scenic Schuylkill Century. Philadelphia, PA. 25, 38, 65, and 100-mile routes through beautiful and historic Montgomery and Chester counties. Details and registration at <http://www.phillybikeclub.org>, or contact us at century@phillybikeclub.org.

September 20, 2008

Harford County Pink Ribbon Ride. Harford Community College. 7:00 a. m. 4, 12, 25, 62 and 100 mile loops are available to accommodate various levels of cycling. Beautiful cycling through the rolling hills of Harford County, Maryland. Early registration \$25; same-day \$30. bike4breastcancer@hotmail.com.

September 20 – 24, 2008

Climate Ride 2008. New York to Washington D. C. 5-day, 320-mile fully-supported bike tour to raise funds and awareness of global climate change. For info, contact Geraldine Carter at info@climateride.org or visit www.climateride.org.

September 26 – 28, 2008

Northern Neck River Ride. Virginia. English, metric, half, or quarter century along back roads of the Northern Neck of Virginia. www.riverride.org.

Submitted by Diana Voelkel

BICYCLE HELMETS MUST BE WORN AT ALL BBC RIDES & EVENTS

BALTIMORE BICYCLING CLUB, INC. ("BBC")

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in the BBC sponsored Bicycling Activity ("Activity") listed below, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such "Activity". I further acknowledge that the "Activity" will be conducted over public roads and facilities open to the public during the "Activity" and upon which the hazards of travelling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the "Activity".

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these "Risks" and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the "Activity", the condition in which the "Activity" takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH "RISKS" AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the "Activity".

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the BBC, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the "Activity" takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the "Releasees", I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE "RELEASEES" from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Name Of Activity: _____

_____	_____	_____
Participant's Signature (only if age 18 or over)	Participant's Printed Name	Date

_____	_____	_____	_____	_____
Street Address	City	State	Zip	Phone

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING "ACTIVITIES" AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED TO PARTICIPATE IN SUCH "ACTIVITY". I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE "RELEASEES" FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE "RELEASEES" NAMED ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

_____	_____	_____
Parent/Guardian Signature (if participant under age 18)	Parent/Guardian Printed Name	Date

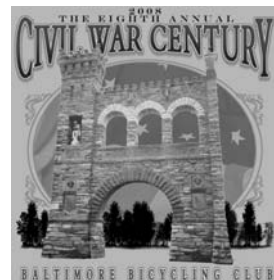
_____	_____	_____	_____	_____
Street Address	City	State	Zip	Phone



Baltimore Bicycling Club Presents:

**The Eighth Annual
Civil War Century**

September 6, 2008



Rider Limit 1600

Register on line civilwarcentury.org for the same price

Last Name

First Name

E-Mail Address

Home Address

State

Zip + 4

Phone Number

Emergency Contact - Name

Emergency Contact - Phone Number

I plan to ride, miles [Check One]: 105 [] 77 [] 63 [] 51 [] 26 []

I am a BBC Member [Check One]: Yes [] No []

LONG SLEEVE T-SHIRTS [Enter Quantity] @ \$20 each for Small to Extra-Large, \$22 for XXL:

 S [] M [] L [] XL [] XXL []

No T-Shirt orders accepted after August 25th

T-Shirt Order = \$ _____

ENTRY FEE: \$25.00 Until August 15th (Mail In Registration closes)

Entry Fee = \$ _____

Register until August 31st on line at civilwarcentury.org – No "Walk In" Registration

Make check payable to Baltimore Bicycling Club

TOTAL PAYMENT = \$ _____

ASSUMPTION OF RISK

I am aware of the risks of bicycling and of participating in the Civil War Century. I voluntarily assume such risks for myself, my personal representatives, assigns, heirs, and next of kin. I release the Baltimore Bicycling Club (BBC) and its officers, volunteers, staff, and agents from any liability arising from this event and my participation in this event. I will wear an approved or certified bicycle helmet while bicycling the Civil War Century. I will comply with all Maryland and Pennsylvania traffic laws and BBC rules, including the requirement to ride single file when traffic is present or conditions require that I do so. I agree that my photograph may be used in promotion or advertising for the Civil War Century.

Signature of Participant

Date

If the registrant is under 18 years of age, as parent or guardian, I release the Baltimore Bicycling Club and its respective officers, volunteers, staff, and agents from liability for that minor.

Signature of Parent or Guardian if participant is under 18

Date

Mail check and completed application to:

BBC / CWC
P.O. Box 498
Riderwood, MD 21139-0498

Helmets Are Required On All Baltimore Bicycling Club Rides

Cycle Across Maryland

20th Anniversary Celebration



Join our celebration in
Emmitsburg, Maryland

July 24th – 27th

for the 20th anniversary of
Cycle Across Maryland

This is a unique opportunity to tour western Maryland where the spectacular Catocin Mountains meet Maryland's pastoral rolling farms. Route distances range from 15 to 100 miles.

MAJOR PARTNER:



FOOD & FRIENDS[®]

PARTNERS:



All registration fees support the advocacy work of One Less Car.

www.onelesscar.org/CAM/2008

BBC SUMMER PICNIC!
SUNDAY JULY 13, 2008
Patapsco State Park – Avalon Area
Elkridge MD ----- Rain or Shine



- Bicycle in the morning (schedule in newsletter and cuesheetcentral.com)
- Picnic lunch served at 1:00 PM
- Thomas Viaduct – world's longest multiple-arched stone railroad bridge.
- Hike the Grist Mill Trail – A 1.5 mile paved and accessible trail for the disabled along the river.

Motor vehicle parking fee is additional. Car pool or bike and save fossil fuel!

For more information, email Georgia Glashauser, georgia2006@yahoo.com
410-857-3262, picnic2008@baltobikeclub.com

Directions to Avalon Area – Patapsco State Park:

From the Beltway (I-695): Rt. 1 (Exit 12-A) toward Elkridge. Follow Rt. 1 South about 3 miles to South St. Turn right. Park entrance is on the left.

From I -95: I-195 to Rt. 1 (Exit 3) toward Elkridge; Right on South St. Park entrance is on the left.

From Howard County: follow Rt. 1 through Elkridge and into Baltimore County. Turn left onto South St. Park entrance is on the left.

----- Detach and mail with your check -----

BBC 2008 Summer Picnic Registration Form: Please register by July 5, 2008

(after July 5 email or call Georgia)

Adults - \$15 Children under 12 -- \$5 --- **Make Checks payable to BBC**

Mail your check and this form to: Georgia Glashauser, 913 Bloom Rd., Westminster, MD 21157

Name(s): _____ Email: _____

Children's names/ages: _____ Phone: _____

Vegetarian-only meals (how many): _____

Weekend in Lancaster

September 26, 27 & 28, 2008



- Three days of cycling the scenic, rolling roads of the Amish heartland, with rides ranging from 16 to 61 miles.
- Lodging on Friday and Saturday nights at the Mill Stream Country Inn. All rooms have two queen beds and cable TV. An indoor storage room for bikes is provided.
- Wine, cheese and dessert parties in the Mill Stream's hospitality room on Friday and Saturday evenings.
- Deluxe continental breakfast on Saturday and Sunday at the Mill Stream Country Inn.
- Buffet dinner on Saturday at the Bird-in-Hand Restaurant. ***(Friday dinner is on your own.)***
- Complimentary rooms for showering on Sunday

Each attendee must provide an application and signed release.

Name _____

Phone _____

Address _____

e-mail _____

Roommate _____

(Please provide roommate information at the same time, because you will not be registered until all information is received. We do not provide or assign roommates.)

Emergency Contact Name _____

Emergency Contact Phone _____

BBC member p.p. for complete weekend - \$190.00 (Double Occupancy)
BBC member p.p. for complete weekend - \$305.00 (Single Occupancy)
Non-member p.p. for complete weekend - \$210.00 (Double Occupancy)
Non-member p.p. for complete weekend - \$325.00 (Single Occupancy)
(We do not offer a non-lodging option.)

\$ _____

Please Make check payable to BBC.

APPLICATION DEADLINE IS August 1, 2008

(Refund minus \$20 until September 1st. No refund after September 1st.)

Mail applications, signed release forms and check(s) to:
BBC Weekend in Lancaster
9100 Orbitan Road
Baltimore, MD 21234

Questions: jicoleo1@comcast.net or call:
John or Jane Cole (410)661-4427
Walt or Carol Russell (410) 665-0651

Farewell to a Dear Friend Bob Moore, 1935-2008

(The following was reprinted from The Baltimore Sun)

Robert Bruce Moore, a retired Social Security analyst and avid bicyclist who during a three-month odyssey rode his bike from his Roland Park home to the Pacific Ocean, died May 16 of pancreatic cancer at Johns Hopkins Hospital. He was 73.

Mr. Moore was born in Los Angeles and later moved with his family to Summit, N.J., where he graduated from high school in 1952.

After earning a bachelor's degree in political science from Rutgers University in 1958, he served in the Army Intelligence Corps for two years. He later earned a master's degree in business administration from George Washington University.

He worked as a buyer for a department store until moving to Baltimore in 1966, when he took a job at the Social Security Administration's headquarters in Woodlawn. He retired in 1999.

"He had played tennis and been a swimmer before taking up bicycling in the late 1980s," said his wife of 53 years, the former Nancy Hood.

Mr. Moore enthusiastically embraced bicycling and became president of the Baltimore Bicycling Club. A dedicated cycling organizer and activist, he served as a member of the state and city Bicycle and Pedestrian Advisory Boards.

As a retirement present to himself, Mr. Moore decided to ride his bike from Maryland to California. On April 30, 1999, Mr. Moore hopped aboard his 12-speed Specialized Expedition titanium-frame bike and pedaled away from his Longwood Road home on a journey across the American heartland.

Mr. Moore carried neither a cell phone nor camera. He hung clothes and camping supplies from saddlebags attached to his bike. He recorded his progress, not always daily, in brief ballpoint pen entries in two small breast pocket memo pads. In the first pad on the first page, he scrawled, "Bob Moore. 1999 Adventure Cycling's Trans-Am."

Mrs. Moore kept a companion log in a stenographer's notebook, across whose cover she had written in heavy black lettering, "Bob's Bike Trip. April 30-July 15. Made by wife."

In it, she recorded news from the road, when he checked in by phone. The first day, according to his log, Mr. Moore pedaled 77.9 miles to Potomac, and the next day, crossed over the Potomac River into Virginia.

Eventually, his route would take him through West Virginia, Kentucky, Illinois, Missouri, Kansas, Colorado, Wyoming, Montana, Idaho and finally to Florence, Ore., where he caught his first glimpse of the Pacific on July 29.

Mr. Moore recorded his odometer reading in his notebook.

He had pedaled 4,356 miles from Longwood Road to Florence, in 91 days with only "five days off."

Along the way, he endured a cold, bouts of diarrhea, fever, tick bites and even an abscessed tooth that had to be pulled by a Colorado dentist.

Accommodations were bed-and-breakfasts, camp grounds, a string of Super 8 Motels, and sometimes, just the plain, hard ground.

Flat tires and blowouts were a daily occurrence.

On a day when he had fixed four flats, he wrote, "Flies eating me alive while I'm fixing flat. In a bad mood."

Often diary entries were, "Perfect day. Beautiful ride," or one day when he had traveled 58 miles, he wrote, "Terrible day possibly due to poor sleep or German food at dinner."

Then there was the spectacular scenery of the Royal Gorge and the snow-covered Rockies, or other unexpected thrills such as occurred after he crossed the Continental Divide between Cambridge, Idaho, and Halfway, Ore.

"Mostly downhill ride with no brakes," Mr. Moore penned.

He concluded his trip with a 37-day ride down the Pacific Coast that took him through San Francisco - "Could not see much riding over the Golden Gate Bridge," he observed.

He rode through such legendary destinations as Half Moon Bay, Santa Cruz, Monterey, Big Sur, Pebble Beach, Carmel, Morro Bay and on to Ventura, Los Angeles, Santa Monica, San Clemente, and to San Diego, his final destination.

He camped out at Pacific Beach.

"Got up at 3:30 for a 7 a.m. plane. Just in time," he wrote.

He boarded a Frontier Airlines plane for Baltimore that deposited him at Baltimore-Washington International Airport five hours and 30 minutes later.

He noted in his diary that he averaged at least 58 miles a day - some days 70. He kept careful track of his finances, noting that he had spent \$45.90 per diem, and overall, the trip had cost \$6,592. 82.

Diane Purpura, who had ridden with Mr. Moore for years, was a cross-country bike veteran. "First off, it's very grueling, and doing it solo, as Bob did, isn't normal," she said. "But, it can be a great thing when you're making a transition in your life, as he was from work to retirement."

Also surviving are a son, Robert Hood Moore of Baltimore, a sister, Marilyn Moore Wood of Cottonwood, Ariz.; and many nieces and nephews.

by Frederick N. Rasmussen, Sun Reporter

JOIN the FUN - Volunteer!

The Civil War Century is one of the BBC's premier invitational events. To make it a successful, safe and enjoyable experience for our guests, we need to have the commitment of about 200 volunteers. If you are a member of the BBC, you should consider this day as a primary day to give back to the club and to the cycling community that so often hosts us at their events. The BBC cannot continue to guarantee the success of this event without an increase in the number of members that volunteer for the event.

Volunteering has some nice benefits:

It's fun! – It may sound like work but it really is a lot of fun.

Make new friends! – You will meet new folks, make friends, and form great social bonds.

Satisfaction! – You have the chance to give something back to the cycling community and to your club.

T-Shirts – Receive both a long-sleeved Event T-Shirt & a volunteer T-Shirt.

Ice cream – what more could you possibly want?

There is no charge to register as a volunteer. Plus, depending upon your task, volunteers can ride for free if they have committed to 3 or more hours of service.

Though the event was quite successful the last few years with a limited number of volunteers, the Club will be making a very serious effort to substantially increase the number of volunteers for CWC 2008. This will help to make the work load a bit easier for everyone, as well as improving certain important aspects of the event.

Without you and many others, the Club can not continue to successfully host this event.

Please volunteer this year. Non-riding spouses, friends and neighbors are also welcomed (and really appreciated!) as volunteers.

You may register to volunteer using the Active.com website. There is a direct link to the event and Active.com at the BBC website, <http://www.baltobikeclub.org>, along with brief descriptions for some of the volunteer positions. There is no charge to register. Registering via Active.com will assure that we will have your contact information in one convenient place and also will allow you to select the size of your complimentary T-Shirts. We will attempt to assign you to your choice of positions/locations, but your flexibility in assignments will be greatly appreciated.

If you have questions or concerns, you may contact any CWC committee member.

We really appreciate your participation. If you have ideas about how to entice more members to volunteer, please share them with us - we could sure use the help, and volunteering has been fun and rewarding for many of us in prior years!

Howard Rosenbaum
Mary & Barry Menne
John & Jane Cole
Ruth & Lee Fleishman

Craig Martin
Bob Carson
Gloria Epstein
Barb Park

Bud Lippert
Barry Childress
Georgia Glashauser
Mary Ryan

Volunteer Positions for Civil War Century 2008

Rest Stop Volunteer – The hours of service will vary among the different rest stops. Each stop is led by experienced rest stop coordinators, who will assign duties based on the time and the number of hours you are available to volunteer. Duties can include unloading the food and supplies to be used at the rest stop, setting up any tables required for serving food and drink; setting out food; making sandwiches; keeping water and Gatorade stations full and ready for riders; refilling supplies as needed; generally being helpful and looking out for the safety and well being of our guests; projecting a positive image of the BBC to riders, and any members of the local community that you meet. The rest stop coordinator will contact each volunteer with detailed information such as location, driving directions, arrival and departure times of volunteers. “Shift work” will be permissible at rest stops that are open for more than 4 hours.

SAG Driver - The hours of service are 7 AM to 6 PM. A ham radio operator is assigned to every SAG vehicle. SAG drivers may use their own vehicle, or ride with a ham radio operator. A SAG vehicle must be able to carry at least 2 bikes and three passengers. SAG drivers are dispersed over the route and / or dispatched from Thurmont as needed throughout the day. Directions to cyclists requiring assistance are relayed through the radio operators. SAG drivers are reimbursed for mileage and for any other expenses they incur during the day. Shifts may be arranged if we get sufficient coverage.

Thurmont Rest Stop Volunteers - Duties are similar to other rest stop volunteers, plus a few additional jobs such as T-shirt sales, providing Club info, answering questions, picking up supplies at the Food Lion, and taking trash to the dumpster at the Food Lion. Many additional tasks usually come up, making for a very busy and entertaining day! We also need parking attendants and help with check-in from 6-10 AM.

End-of-Day Volunteer - Hours of service are from 5 – 7 PM. As the final riders are finishing up for the day, it is time to clean-up, pack-up, and shut down the site. In the past, this vital role has often been left to workers who have often been up since 5 AM working the event – So those folks would REALLY appreciate your help!

Pedal in Style. . .

Purchase online for the SAME PRICE at:
www.baltobikeclub.org/index.pl/logo_jersey

Order your NEW Baltimore Bicycling Club Jersey!

Now you can have a "New" BBC Jersey!

Custom designed by local cyclist Jason Kamps of Wolf Designs.

These Jerseys by Verge Sports feature M-Tec Extreme fabric,
 a 3/4 length invisible zipper and 3 back pockets



Front

Design is in
 Maryland Flag colors
 Gold, Red & Black



Back

Jerseys are \$70.00 each (tax, S&H included)
 Club Fit, Women's Race Fit, & Men's Race Fit

©2007 Woof Designs / Jason M. Kamps www.woofdesigns.com



Custom Art & Graphic Design Services
 Logos Catalogs Marketing Supplies
 T-Shirts Apparel Jerseys
 410-796-5858
www.woofdesigns.com

Size Chart

Jersey Size	XS	S	M	L	XL	2XL	3XL
Men's Chest	—	36-37	38-39	40-41	42-44	45-47	48-50
Women's Size	2-4	6	8	10	12	—	—
Bust	28-30	31-33	34-35	36-37	38-39	—	—

"Club Fit" (S to 3XL) Fits both Men & Women that don't have that slim and trim physique with a more relaxed fit.

"Women's Race Fit" (XS to XL) Fits a Women's contours with a slim and trim physique. Larger framed women may prefer the "Club"

"Men's Race Fit" (S to 2XL) Fits Men with a slim and trim physique. Larger framed men may prefer the "Club Fit"

Jersey Order Form (Avoid confusion, order ONLY One Jersey per form)

Name		E-Mail Address				
Address	City	State	Zip + 4	Phone Number		
Choose Size [Check One] : XS [] S [] M [] L [] XL [] 2XL [] 3XL []						
Choose the Jersey Style [Check One] : Club Fit [] Women's Race Fit [] Men's Race Fit []						
Make check payable to Baltimore Bicycling Club				TOTAL PAYMENT = \$70.00		

Mail check & completed order form to: BBC Jersey c/o Nancy Finnegan
 P.O. Box 179
 Brooklandville, MD 21022-0179

Questions? Call Nancy @ 410-239-0550
 OR Email: LogoJersey@baltobikeclub.org
 Purchase online for the SAME Price at:
www.baltobikeclub.org/index.pl/logo_jersey

RIDE SCHEDULE, JULY/AUGUST 2008

We strongly encourage everyone to sign-up for BBC Talk, the Baltimore Bicycling Club's electronic discussion group. See instructions at the end of the Newsletter. This is the best way we know of to inform riders of ride cancellations. Ride leaders are encouraged to post cancellations on BBC Talk.

Tuesday, July 01, 2008

15-17 mph - 10:00 am - 32 mi - Katie Gore-Traill
START: ORR - Oregon Ridge Park
Notice 10am start. Come out and ride!! Rolling to hilly.
Katie will give you a good workout.

Friday, July 04, 2008

10-12 mph - 9:00 am - 27 mi - Gloria Epstein 410/665-3012
START: St. John's Episcopal Church 3738 Butler Rd.
Glyndon, Md. 21071 intersection of Butler, Piney Grove & Belmont Rds.
Beautiful, moderately hilly ride to Hampstead w/options for food stop.

13-15 mph - 9:30 am - 34 mi - Rich Burns 410-433-4162
START: FIF-5th District Elementary School
Loop to Westminster on seldom-biked roads with lunch/snack stop; opposite direction of June 8 ride.

Saturday, July 05, 2008

10-12 mph - 10:00 am - 25 mi - Charlotte Pappas (410-385-1457; cpappas@umm.edu)
START: ELK - Old Elkridge MARC station.
Ice Cream Ride - road and trail ride to Bruster's Ice Cream, 25 miles or so, depending on road construction we need to avoid. Some hills.

15-17 mph - 9:00 am - 72 mi - Janet Goldstein 410-366-1466
START: Crofton Center: Shopping center at Rts. 3 and 424.
Gently rolling ride to Chesapeake Beach.

Sunday, July 06, 2008

casual - 10:00 am - 25 mi - Bud Lippert 410-686-8504
START: Food Lion parking lot @ Hyde Park Station
Back River Neck Rd
Middleborough-Hyde Park- Baronschmidt Delight: Ride through the communities of Middleborough, Hyde Park, Baronschmidt and others.

10-12 mph - 9:30 am - 33 mi - Gloria Epstein 410/665-3012
START: TES-Taneytown E.S.
Nice ride to Woodsboro (adapted from Walt & Carol) w/lunch/snack; combined ride with 13/15 group.

13-15 mph - 9:30 am - 39 mi - Rich Burns 410-433-4162
START: TES-Taneytown Elementary School
Nice ride to Woodsboro (adapted from Walt & Carol) with lunch/snack stop; combined ride with 10/12 group.

15/17 and 18 - 9:00 am - 90 mi - Phil Feldman 410.744.8874
START: SDY - Sandymount Park
Ride to East Berlin - aka Bruni Memorial Ride. A beautiful ride into southern PA, with some tasty lunch options. I'll be handing out flower packets at the start for folks to scatter along the ride.

Tuesday, July 08, 2008

15-17 mph - 9:00 am - 60 mi - Steve Zeldin 410-828-5553 szeldin@comcast.net
START: ORR - Oregon Ridge Park
Rolling ride with hills to Rocks State Park. Snack stop in Jarrettsville. Come join the fun!

Saturday, July 12, 2008

10-12 mph - 9:30 am - 36 mi - Bob Seay and Manny Steinberg (410-242-6929 or 410-655-8242)

START: DVP - Davidsonville P&R.

Ride to Galesville with lunch after the ride at Atlanta Bread in Crofton.

10-12 mph - 10:00 am - 33 mi - Scott Zelazny (410-525-2591)

START: MSM - Marley Station Mall

Bike along the B&A Trail and other roads to Sandy Point State Park on the Chesapeake Bay. Be prepared for a swim if weather is hot. See great views of the Bay Bridge. Rest/ food stop enroute.

15-17 mph - 8:30 am - 62 mi - Gene Young

START: SPK - Sparks E. S.

Gene's classic long ride. Moderately hilly with rest stops in Hampstead and Madonna.

18 mph - 5:00 am - 200 mi - Terry Harrigan 410-549-1798

START: SOC - South Carroll High School

Two hundred mile ride that has been split as a 150 mile loop with an optional 50 mile local route. Due to distance, leader's pace will be more like at 15 - 17 ride. Rideout at 5:30 AM sharp so the doublers have maximum daylight. Come out for the 150 or brave the entire 200. Suggest doublers leave supplies in your car since that will be a rest stop. Sunrise at 5:57 AM. Sunset at 8:28 PM.

Sunday, July 13, 2008

casual - 11:00 am - 6 mi - Mary Ryan 410-828-1015

START: PICNIC - Patapsco State Park

Ride the paved trails inside the park. Suitable for children.

10-12 mph - 9:30 am - 30 mi - Charlotte Pappas 410-385-1457

START: Patapsco State Park

Road and trail ride, a few hills over to BWI trail and back.

13-15 mph - 9:00 am - 40 mi - Gary Brandon 410-225-8081

START: Patapsco State Park - Avalon area

The club picnic ride. We'll have you back in time for lunch.....

15/17 and 18 - 9:30 am - 50 mi - Phil Feldman

410.744.8874

START: Patapsco State Park

A variation on my 'Lap of Columbia' ride. Some hills in the beginning, and flatter towards the end.

Monday, July 14, 2008

15-17 mph - 9:00 am - 38 mi - Renee Faison

START: ORR - Oregon Ridge Park

Rolling to hilly ride, No rest stop.

Tuesday, July 15, 2008

15-17 mph - 9:30 am - 55 mi - John Harris 443-468-5722

START: ORR - Oregon Ridge Park

Rolling to hilly ride 50-60 miles

Saturday, July 19, 2008

10-12 mph - 33 mi - Michael Murphy (443-414-2457; smiledds@aol.com) **Please call ride leader for start time**

START: ORR - Oregon Ridge Park

Emory Church Loop. Steve Zeldin's "easy" ride up Dover and back down Longnecker. Bring a snack.

10-12 mph - 9:00 am - 25 mi - Charlotte Pappas (410-385-1457; cpappas@umm.edu)

START: GLN - Glenelg H.S.

Backroads Ride, rolling with moderate hills; rest stop at High's.

10-12 mph - 9:30 am - 32 mi - Cartan Kraft (410-235-2906, cbkraft@verizon.net)

START: RUN - Runnymede E.S.

A pleasant ride to Littleton for lunch/snack with light traffic and gentle terrain.

15-17 mph - 8:30 am - 101 mi - Janet Goldstein 410-366-1466

START: WES - Westminster Elementary School

Blue Ridge Summit Century, a hilly club classic. (Don't let the mellow first 35 miles fool you.) Convenience store stops in Gettysburg, Blue Ridge Summit, Detour, and Union Bridge. Triple chainrings suggested. Bellyachin' de rigueur.

Wednesday, July 23, 2008

15-17 mph - 10:00 am - 33 mi - Katie Gore-Traill

START: ORR - Oregon Ridge Park

Notice 10am start. Come out and ride!! Rolling to hilly. Katie will give you a good workout.

Saturday, July 26, 2008

10-12 mph - 9:30 am - 32 mi - Bob Seay and Manny Steinberg (410-242-6929 or 410-655-8242)

START: DES - Davidsonville Elem School

Ride to Deale, with rest stop at Subway and lunch after the ride in Crofton.

10-12 mph - 10:00 am - 32 mi - Scott Zelazny (410-525-2591)

START: FPB - Fells Point/South Broadway

Baltimore waterfront ride to North Point State Park. Flat, partly rural ride thru Fells Point, Canton, Dundalk, Edgemere, Millers Island and North Point State Park on the Chesapeake Bay. Food/rest stop enroute.

15-17 mph - 8:30 am - 49 mi - Hopkins Edwin 410 491 5191

START: RUN - Runnymede Elementary School, Taneytown, MD

The classic tour from Runnymede Elementary. Rolling hills. Beautiful country. It is a bit far out but worth the price. (not that I know the price of gas in July...)

18 mph - 9:00 am - 70 mi - Lukasz Szymer - 443 226 0304

START: DSP - Dulaney Springs Park

Fun Baltimore County roller-coaster ride.

tandem - 9:30 am - 24 mi - Ed and Laurie Barr

START: Beaver Creek P&R

Ride in the Valley Distance: 24/42/57 Come enjoy the quiet roads in the valley east of Hagerstown! We'll cycle past an 1863 stone bridge, stone farm houses, and pretty farms. All routes converge in Smithsburg for a lunch stop about 8 miles from the end. Start location is an easy one hour drive from I-695. Directions: I-695 to I-70 West to exit 35, MD 66. Right (North) at end of the ramp. Right in 0.2 miles into parking lot. (No restrooms at start, but there is a rest area at mile 40 on I-70.) Contact info: Ed and Laurie Barr 703-450-6742 (home), 703-909-3226 (cell - day of ride) edbarrjr@aol.com

Sunday, July 20, 2008

casual - 10:00 am - 25 mi - Bud Lippert 410-686-8504

START: Eastern Regional Community Center, 1740 Eastern Ave in Chase.

Tour de Chase: Ride take you through Marshy Point nature reserve, Gunpowder State Park, fishing area, beach area in Hammerman area, through the communities of Oliver Beach, Harewood Park, Twin Rivers, Earls Beach. Lunch at Georges Deli or the Royal Farm Store midway through the ride.

10-12 mph - 8:00 am - 41 mi - George Cordutsky 410-882-2788

START: PRP: Providence Road Park and Ride

Moderately hilly ride with rest stop with food and bathroom.

10-12 mph - 9:00 am - 39 mi - Gloria Epstein 410/665-3012

START: MMS Monocacy M.S.

'Three Covered Bridges' ride-mostly rolling terrain w/ food stop in Thurmont @mi 25-combined rided with 13/15 group.

13-15 mph - 9:00 am - 39 mi - Rich Burns 410-433-4162

START: MMS - Monocacy M.S.

'Three Covered Bridges' ride-mostly rolling terrain w/ food stop in Thurmont @mi. 25-combinec ride with 10/12 group.

15-17 mph - 9:00 am - 50 mi - J B 4106286297

START: HVE - Hunt Valley Executive Plaza II

Moderately hilly ride through Hunt Valley. Lunch stop mid-way.

Tuesday, July 22, 2008

15-17 mph - 9:00 am - 60 mi - Steve Zeldin 410-828-5553 szeldin@comcast.net

START: ORR - Oregon Ridge Park

Hilly ride to Syndersburg 'A Blast from the Past' with a fast return after break in Hampstead. Come join the fun!

Sunday, July 27, 2008

10-12 mph - 9:00 am - 30 mi - Gene Marrow, (301-854-2885)

START: GLN Glenelg H.S.

Two-county Ride. Rolling ride with some hills. Snack/rest stop at High's. 40 mi option.

13-15 mph - 9:00 am - 51 mi - Howard Saltzman 410-581-8169

START: NWT - New Town Shopping Center

New Town to Dayton: Sometimes hilly ride from New Town Owings Mills to Dayton, Howard County. 51 mile route with 41 mile option. Cue sheet at: <http://cuesheetcentral.com/uploads/NewTowntoDayton.pdf>

18 mph - 9:00 am - 64 mi - Will Hudson 4103565752

START: MD line, I83 exit 36

Creeks and Bridges. One of the prettiest rides we have in the area. Lunch in Red Lion, PA

Monday, July 28, 2008

15-17 mph - 9:00 am - 38 mi - Renee Faison

START: ORR - Oregon Ridge Park

Rolling to hilly ride, No rest stop.

Tuesday, July 29, 2008

15-17 mph - 10:00 am - 33 mi - Katie Gore-Traill

START: ORR - Oregon Ridge Park

Notice 10am start. Come out and ride!! Rolling to hilly. Katie will give you a good workout.

Saturday, August 02, 2008

2008 UNION MILLS CORN ROAST

Join us for a fabulous day of riding, socializing and eating at the annual Union Mills Homestead Corn Roast. All rides will begin and end at the Homestead in time to take part in this exciting community event. The menu (\$11 in 2007) includes fried chicken, applesauce, roll and butter, sliced tomatoes, iced tea or lemonade and all the roasted corn you can eat. The corn is roasted in the husks on large iron stoves by wood fire, a real treat. The meal goes from 11am until 5pm. The BBC will have RESERVED tables. All cue sheets will be available by 7:30am if you want to start riding early.

DIRECTIONS: - I-695 to Exit 19; follow I-795 N. to Rt. 140 N. to Westminster; then Rt. 97 N. for 7 mi. The Homestead is on the right. Parking is in the field past the buildings.

NOTE: From 7:45 to 9:30 there will be one table set up with all cue sheets and sign-in sheets. Ride leaders will meet their groups at this table.

casual - 9:30 am - 18 mi - Judy Getz 3018567563

Nice ride in the countryside. Only a few hills. Route ends with multi-mile downhill. Route can be shortened to 12 miles

10-12 mph - 9:00 am - 29 mi - Charlotte Pappas (410-385-1457)

Terrain is mostly rolling, with a few hills.

13/15 mph - 8:45 AM - 40 mi. - Gary Brandon (717-235-3893 - 13/15rides@baltobikeclub.org).

13/15 mph - 8:30 AM - 50 mi. - Elizabeth Miller (410-560-0890)

15/17 and 18 - 8:15 am - 64 mi - Ride leader to be determined.

Terrain is mostly rolling, with a few hills, especially at the end.

Sunday, August 03, 2008

casual - 10:00 am - 23 mi - Judy Getz 3018567563

START: Sparrows Point High School

Tour of North Point: flat ride through waterfront neighborhoods and Fort Howard and North Point State Park.

10-12 mph - 9:00 am - 31 mi - Gloria Epstein 410/665-3012

START: ORR Oregon Ridge Park

'All time favorite' BBC ride to Hampstead - moderately hilly terrain w/options for food stop. Park far from building.

13-15 mph - 8:00 am - 47 mi - Mary&Barry Menne 410-795-6571

START: AHS-Atholton H.S.-I-695 to Exit 16, I-70

West, to Exit 87, Rt. 29 South; go to Exit 17

(Seneca/Shaker Dr.), right at SS, then left at SS onto Martin Rd., then right on Freetown Rd., school on left in 1/4 mi

Shady Summer Ride - Let's beat the heat and ride on mostly shaded roads. Tours Howard & Montgomery Counties; mod. hilly, lunch/snack stop at convenience store.

15-17 mph - 8:30 am - 79 mi - Janet Goldstein 410-366-1466

START: Liberty High School, Sykesville; Rt. 26W (Liberty Rd.) to 32N. Go 0.3 mi. to Barthalow Rd. Left on Barthalow Rd. School is 0.4 mi. on right.

Ellen's Eldersburg to Emmitsburg Ride. Moderately hilly with hilly sections. Convenience store stop in Woodsboro; lunch at Subway or snack in Emmitsburg; two refueling opportunities after lunch.

Monday, August 04, 2008

15-17 mph - 9:30 am - 45 mi - Steve Zeldin 410-828-5553

START: MWP - Meadowood Regional Park, Falls@Joppa, Lutherville

45-50 miles. Rolling to hilly Baltimore County ride with snack stop. Come join the fun!

Tuesday, August 05, 2008

15-17 mph - 10:00 am - 33 mi - Katie Gore-Traill

START: ORR - Oregon Ridge Park

Notice 10am start. Come out and ride!! Rolling to hilly. Katie will give you a good workout.

Saturday, August 09, 2008

10-12 mph - 9:30 am - 36 mi - Manny Steinberg and Bob Seay (410-655-8242 or 410-242-6929)

START: DVP - Davidsonville P&R.

Ride to Galesville with lunch after the ride at Atlanta Bread in Crofton.

10-12 mph - 10:00 am - 40 mi - Scott Zelazny (410-525-2591; scott_z@myrealbox.com)

START: MSM - Marley Station Mall

Ride to Annapolis and Sandy Point. I can't decide if I want to go to Annapolis or the beach, so I found a way to visit both. Come bike along the B & A Trail (and other roads), to a beautiful beach on the bay. Ride stops in Annapolis, then goes to Sandy Point State Park along the Chesapeake Bay. Be prepared to go for a swim if you really want to cool off in the middle of the ride (if it's hot enough). See great views of the Bay Bridge. Ride will stop in Severna Park to meet riders going on the 25 mile version of the ride.

10-12 mph - 10:45 am - 25 mi - Scott Zelazny (410-525-2591; scott_z@myrealbox.com)

START: SPP - Severna Park P&R

Ride to Annapolis and Sandy Point. Pickup point for ride starting at Marley Station. I can't decide if I want to go to Annapolis or the beach, so I found a way to visit both. Come bike along the B & A trail (and other roads), to a beautiful beach on the bay. Ride stops in Annapolis then goes to Sandy Point State Park along the Chesapeake Bay. Be prepared to go for a swim if you really want to cool off in the middle of the ride (if it's hot enough). See great views of the Bay Bridge.

13-15 mph - 8:00 am - 32 mi - Ed Vojik (410)296-5271 evojik@aol.com

START: PRP-Providence Road P&R

Green at the Gunpowder ride.

18 mph - 9:00 am - 120 mi - Lukasz Szyrner - 443 226 0304

START: MAP - Mt Airy P&R

Description - Ride to Hagerstown and back.....and plenty of pavement in between.

Sunday, August 10, 2008

10-12 mph - 9:30 am - 32 mi - Howard Kaplon (410-484-6955; hkaplon@towson.edu)

START: PRP - Providence Rd. P&R

Moderately hilly ride with food/rest stop @ Palmisano's deli. Riders who have completed the Instructional Series are urged to come on this ride.

13-15 mph - 9:30 am - 43 mi - Rich Burns 410-433-4162

START: MLP-MD Line Park & Ride

'Tryin' to get to Red Lion' - nice, if somewhat hilly, ride in beautiful southern York Co.; lunch/snack stop.

15-17 mph - 9:30 am - 49 mi - Ed Roth 717/235-4118 oscar200@aol.com

START: MLP - MD Line Park and Ride

Up and down in PA - Scenic ride throughout Southern York County. Lunch at pizza shop or convenience store. Moderately hilly.

tandem - 10:00 am - 39 mi - Barb and Dan Artley

START: Monocacy Middle School (MMS)

Description: Moderately hilly ride, goes through several covered bridges with lunch in Thurmont. An easy 39 miles. Directions: I-695 to I-70 West to exit 53B, RT 15 North. Go 3 mi. to Motter Ave exit and take Opposumtown Pike North. Go 2 mi. then Right to school across from Frederick Comm College. Contact info:

Team Artley hydelake@verizon.net;
dartley@baltimorecountymd.gov 410-329-2235

Monday, August 11, 2008

15-17 mph - 9:00 am - 32 mi - Renee Faison

START: ORR - Oregon Ridge Park

Rolling to hilly ride, No rest stop.

Tuesday, August 12, 2008

15-17 mph - 9:00 am - 75 mi - Steve Zeldin 410-828-5553 szeldin@comcast.net

START: ORR - Oregon Ridge Park

Seven Valley ride from Oregon Ridge. Breaks are in Manchester and Glen Rock. We start this club favorite ride from ORR (instead of FIF) and gain some easy miles along the way.

Saturday, August 16, 2008

10-12 mph - 9:00 am - 29 mi - Charlotte Pappas (410-385-1457; cpappas@umm.edu)

START: LPR - Lisbon Woodbine P&R

Apple Fritters Ride minus the apple fritters - moderately hilly with rest stop at Larriland Farms. Not sure what they have; bring drinks and snack.

10-12 mph - 9:30 am - 32 mi - Bob Seay and Manny Steinberg (410-242-6929 or 410-655-8242)

START: DES - Davidsonville Elem School

Ride to Deale, with rest stop at Subway and lunch after the ride in Crofton.

15-17 mph - 8:30 am - 62 mi - Gene Young

START: SPK - Sparks E. S.

Gene's classic long ride. Moderately hilly with rest stops in Hampstead and Madonna.

Sunday, August 17, 2008

10-12 mph - 8:00 am - 41 mi - George Cordutsky 410-882-2788

START: PRP: Providence Road Park and Ride

Moderately hilly ride with reststop with food and bathroom.

10-12 mph - 9:30 am - 33 mi - Rod Bruckdorfer (443-852-3686, seagypsy@att.net)

START: ELK - Old Elkridge MARC station

Join a new leader on his ride mostly on roads with a few easy hills and incorporating the BWI Trail as part of the trip. Bring a snack. Rest stops at the BWI Dixon Observation Area - potter potties available.

13-15 mph - 9:00 am - 64 mi - Herb Weiss, 410/833-4321

START: FMS - Franklin Middle School

Reisterstown to Eldersburg to Butler. Moderately hilly with rest stop midway (at Royal Farm). Combined ride with 15/17 group

15-17 mph - 9:00 am - 64 mi - Herb Weiss, 410/833-4321

START: FMS - Franklin Middle School

Reisterstown to Eldersburg to Butler. Moderately hilly with rest stop midway (at Royal Farm). 13/15 riders are welcome.

Monday, August 18, 2008

15-17 mph - 9:30 am - 45 mi - Steve Zeldin 410-828-5553

START: MWP - Meadowood Regional Park, Falls@Joppa, Lutherville
45-50 miles. Rolling to hilly Baltimore County ride with snack stop. Come join the fun!

Tuesday, August 19, 2008

15-17 mph - 10:00 am - 33 mi - Katie Gore-Traill

START: ORR - Oregon Ridge Park
Notice 10am start. Come out and ride!! Rolling to hilly. Katie will give you a good workout.

Saturday, August 23, 2008

10-12 mph - 9:00 am - 30 mi - Don Riggs - 410/461-6564 - donriggs@juno.com

START: TMP - Taneytown Memorial Park
Taneytown-Woodsboro ride with lunch at Trout's Restaurant. Somewhat hilly especially after lunch.

10-12 mph - 9:00 am - 31 mi - Gloria Epstein 410/665-3012

START: SPK Sparks E.S.
Scenic, low traffic, moderately hilly ride w/ food stop @ Cucina.

15-17 mph - 8:30 am - 51 mi - Hopkins Edwin 410 491 5191

START: ORR- Oregon Ridge Park
Goes out Cuba and then north of Pretty Boy dam. On the way back we will go around the back of the reservoir (stop for food) and probably cross the dam. I will post the cue sheet when I have the details worked out.

18 mph - 8:30 am - 79 mi - Terry Harrigan 410-549-1798

START: Liberty High School, Sykesville: Rt. 26W (Liberty Rd.) to 32N. Go 0.3 mi. to Barthallow Rd. Left on Barthallow Rd. School is 0.4 mi. on right. Ellen's Eldersburg to Emmitsburg Ride. If you missed Janet's ride on Aug 3rd, or just want to enjoy the views again, head out to Liberty HS and enjoy this loop. Definitely my favorite long route. Moderately hilly with hilly sections. Lunch in Emmitsburg at Subway or High's (has facilities).

Sunday, August 24, 2008

10-12 mph - 9:00 am - 22 mi - Barry Childress (410-919-7695; twowheelparkrider@yahoo.com)

START: Route I-70 Park & Ride - From I-695 go East on I-70. Park & Ride is about 3/4 mile.
Bob Moore memorial ride on the Gwynns Falls Trail to Cross Street Market. Ride can be extended to 33 mi.

15/17 and 18 - 9:00 am - 74 mi - Gil Olvera golvera@hamiltonassoc.com

START: WES - Westminster Elementary School
Moderately hilly, mostly rolling. Lunch at mile 38 at either Trouts Market or Trouts Restaurant in Woodsboro.

tandem - 9:30 am - 46 mi - Evie and Michael Reinsel

START: Runnymede ES (RUN)
Description: Rolling ride to Emmitsburg thru beautiful Carroll County. Directions: I-695 to Exit 19 I-795 North. Go 8.5 mi to Exit 9B Rt 140 West thru Westminster then Right onto Mayberry Rd. Right on Langdon Rd then Right into the School Contact info: Evie and Michael Reinsel 410/377-6133, mreinsell@verizon.net

Monday, August 25, 2008

15-17 mph - 9:00 am - 35 mi - Renee Faison

START: ORR - Oregon Ridge Park
Rolling to hilly ride, No rest stop.

Tuesday, August 26, 2008

15-17 mph - 9:30 am - 50 mi - Steve Zeldin 410-828-5553 szeldin@comcast.net

START: ORR - Oregon Ridge Park
Giro d'Italia - we trace the outline of Italy over the roads of Baltimore County. Come join the fun!

Wednesday, August 27, 2008

15-17 mph - 10:00 am - 33 mi - Katie Gore-Traill

START: ORR - Oregon Ridge Park
Notice 10am start. Come out and ride!! Rolling to hilly. Katie will give you a good workout.

Saturday, August 30, 2008

10-12 mph - 9:30 am - 32 mi - Manny Steinberg and Bob Seay (410-655-8242 or 410-242-6929)

START: RUN - Runnymede Elem School in Mayberry
Ride 32 miles to lunch in Littlestown, PA or add a few miles and make it 40 miles. A few hills in the last 5 miles.

10-12 mph - 10:00 am - 25 mi - Charlotte Pappas (410-385-1457; cpappas@umm.edu)

START: ELK - Old Elkridge MARC station.
Ride to Bruster's Ice Cream; a few hills.

13-15 mph - 8:30 am - 59 mi - Henry Thiess 717-600-5141

START: MLP - Maryland Park & Ride, Exit 36 I-83
Brown Cow Ride: Beautiful ride to Brogue and Muddy Creek areas of Southern PA. Ride has several challenging climbs and a shorter 48 mile option is available. Lunch stop at Brown Cow restaurant (Ice Cream!) or Rutters. Good tune-up for the CWC. Contact Henry Thiess for more information 717-600-5141

15-17 mph - 9:00 am - 51 mi - Edward Roth 717-235-4118

START: MLP, Maryland Line Park and Ride
'Climb, Climb, Climb' Get ready for next weekend's Civil War Century with a moderately hilly, scenic half century ride through Southern York County. A new ride with long gradual climbs, short steep climbs and some great downhills. Lunch at Mignano Bros. Pizza or the Getty Mart in Glenrock. Ride leader is Ed Roth-717-235-4118 or oscar200@aol.com

Sunday, August 31, 2008

10-12 mph - 9:00 am - 30 mi - Gene Marrow, (301-854-2885)

START: GLN Glenelg H.S.
Two-county Ride. Rolling ride with some hills. Snack/rest stop at High's. 40 mi option.

13-15 mph - 8:00 am - 57 mi - Mary&Barry Menne 410-795-6571

START: Westminster Elementary School (WES)
Ride to Thurmont with lunch at Kozy Kormer. Cue sheet includes a map. One of our favorite rides.

For Sale:

**Sidi Genius road shoes, size 44.5
(ridden @ 100 miles -- too big for
me!) \$125 o.b.o.**

Call Jim, 410-357-0104

Ride Descriptions

Please keep in mind that the pace may vary depending on the terrain.

Casual

For cyclist who want a relaxed experience, these rides maintain a pace of 8-10 mph. Routes with easy terrain are up to 25 miles. Rides with some hills are generally 15 miles or less. Re-grouping points are periodically designated.

10-12 MPH

For average adult riders, these rides maintain a pace of 10-12 miles. Terrain is usually moderate but can be hilly.

13-15 MPH

For faster riders, these rides maintain a pace of 13-15 mph for 35-65 miles over sometimes hilly terrain.

15-17 MPH

For experienced cyclists, these rides maintain a pace of 15-17 mph over varied terrain for 40-130 miles.

18 MPH

For the strongest and most experienced riders, a pace of 17-19 mph is maintained over varied terrain for 50-200 miles.

Tandem

Riding on a "bicycle built for two," with the CRABS (couples riding a bicycle simultaneously) over moderate terrain for 25-60 miles. There is not any specified pace, but groups of different paces usually form – regrouping at rest / food stops.

Many rides offer two or three

Howard County: Glenelg Tues/Thurs Evening Rides

Meet to ride with the cluster group, 26-mile circuit. This is a fast training ride but everybody is welcome.

Start: Glenelg High School, 14025 Burnt Woods Rd. I-70 W, Exit at Rt. 32 South, right turn on Burnt Woods Rd. (at traffic Signal). School on left 0.5 miles.
Time: Tues/Thurs evenings in April @5:45;
May through August @6 p.m.;
Sept. @ 5:45 p.m.;
Oct. @5:30 p.m.
Oct. 26 (Thurs before end of DST) - Last Glenelg evening ride of the Season
POC: Questions about the ride? Call Mark McKee: 410-455-0362(H)

Howard County: Wednesday Evening Rides

This is an all-pace ride: the group splits into smaller groups of different paces.

A short and a longer route will be available. Everyone at all paces is interested in improving their cycling, however this is a social cycling group and recreational in nature. The faster cyclists often turn around at the end of their ride to bike in with the slower groups. Most weeks we go out for food/drinks after the ride.

Start: Folly Quarter Middle School* Triadelphia Rd., Glenelg, MD
Meet at: 5:45 (5:15 DST) every Wednesday
Ride out at: 6:00 (5:30 DST)
For more info, please contact Jen Browne, browne14540@comcast.net, 410-489-5804 - Or- Email HoCoCyclists@yahoo.com.
Visit the website www.groups.yahoo.com;
enter group: HoCoCyclists"

2008 Ride Coordinators

Casual

Judy Getz410-254-1306
casualrides@baltobikeclub.org

Mike Falatico410-377-9140
casualrides@baltobikeclub.org

10-12 MPH

Dick Voelkel410-744-6941
10-12rides@baltobikeclub.org

Tom Anzalone410-329-3864
10-12rides@baltobikeclub.org

13-15 MPH

Gary Brandon
13-15rides@baltobikeclub.org

15-17 MPH

Judy Broadwater . . .410-628-6297
15-17rides@baltobikeclub.org

18 MPH

Phil Feldman410-744-8874
18rides@baltobikeclub.org

Weekday

Renee Faison410-356-7088
weekdayrides@baltobikeclub.org

Tandem

Peggy & Tom Dymond.....410-272-9139
crabs@baltobikeclub.org

Winter

Gloria Epstein410-665-3012
Winterrides@baltobikeclub.org

Terry Harrigan410-549-1798
Winterrides@baltobikeclub.org

BBC Talk:

Electronic Discussion Group

BBCTalk is an e-mail discussion group open (and free!) to BBC members and non-members alike. The list is used for posting information too late to make it into the newsletter, setting up informal group rides, offering items for sale, discussing bikes and bike gear, etc.

Once you subscribe, you may elect to automatically receive all of the posted messages by email, and you may post messages yourself. OR, if you don't want the BBCTalk messages to accumulate in your email queue, you may prefer to change your BBCTalk "preferences" and instead read the archived

BBCTalk messages at the yahoogroups site itself.

To join BBCTalk, send an email message to:
bbctalk-subscribe@yahoogroups.com.

Questions? Contact me at jgoldst@verizon.net
or 410-366-1466.

Don't miss out on this NO COST opportunity to keep informed about current topics of interest.



Baltimore Bicycling Club, Inc. Membership Application or Renewal

Address Change ☐

New Membership ☐

Membership Renewal ☐

How do you want to receive the Newsletter?

By US Mail ☐

OR

From the Internet ☐

Are you interested in racing with Team BBC?

Yes ☐

No ☐

Do you ride a Tandem?

Yes ☐

No ☐

Date _____

Name (Must be 18 years of age or older)

Second Name (Family Membership Only)

Home Address (One per Membership)

E-Mail Address (One per Membership)

City

State

Zip + 4

Home Phone

To function, the BBC is dependent on member volunteers.

Check all categories that you are willing to help with:

Lead Rides ☐

Club Events ☐

Bicycling Advocacy ☐

Club Picnic or Socials ☐

Newsletter ☐

Website ☐

Membership Term is 12 or 24 months from when your application is processed.

Dues are subject to change.

Individual One Year: \$25 ☐

Family One Year: \$35 ☐

Individual Two Years: \$45 ☐

Family Two Years: \$65 ☐

Mail check payable to Baltimore Bicycling Club, Inc. and application to:

Baltimore Bicycling Club

P.O. Box 5894

Baltimore, MD 21282-5894



Baltimore Bicycling Club Newsletter Need BBC Info?

*For BBC members with questions or
problems concerning:*

• Membership • Ride Schedules • Any Committee • Any Function
CALL 410-792-8308 • Email: hotline@baltobikeclub.org

For E-Newsletter Questions or Problems • Email: newsletter@baltobikeclub.org

For Marketing Questions • Email: marketing@baltobikeclub.org

For Membership or Newsletter Delivery Questions or problems
Call: 410/823-4293 • Email: questions@baltobikeclub.org

For Newsletter Content Issues or Advertising Submittals • Email: bbcnews@baltobikeclub.org

For Out of Bounds Column Submittals • Email: outofbounds@baltobikeclub.org

**Baltimore Bicycling Club
P.O. Box 5894
Baltimore, MD 21282-5894**

**July | August
2008**

Change Service Requested

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